



ISSUE SIX - 2015

Youthful Giving

BHCC has been blessed this year with many donations from Gauteng school children. St Mary's School Waverley, Brescia House School, Trinityhouse High School – Randparkridge and Trinityhouse Heritage Hill all generously donated goods and money raised through various fund raising initiatives.

A Blanket Drive was initiated by Megan Frost, Grade 11, at St Mary's School Waverley, for her Community Service Initiative. She reported that she was 'feeling very passionate about BHCC's work and felt a need to try and help in any way I could.'

It is thanks to an enormous contribution from Round Table 118 that this initiative was made possible! Round Table 118 donated all the fabric for the 67 Minutes for Mandela initiative which the girls from St Mary's Grade 4 – 7 were able to make the 'No Sew Blankets'. The girls, from the Senior Primary at St

Mary's, made 239 blankets on the 18th of July which exceeded all their expectations!

On behalf of Megan Frost, BHCC would like to Thank Round Table 118 for this enormous and very generous donation, without their help this would not have been possible.

BHCC distributed the blankets to the state hospitals and clinics that we support. Social workers and nursing staff assisted with the hand out to mothers in most need.

Grade 7 pupils at St Mary's also donated money raised at a cake sale to BHCC.

Brescia House Primary School collected over 100 babygrows, linen and many other baby goods. These were distributed by BHCC to the Occupational Therapy department at Rahima Moosa Mother and Child Hospital where they were given to mothers and babies in need.



The Giving Continues ...

Trinityhouse High School, Randparkridge Grade 10's made baby blankets in May 2015 as part of their Life Orientation Outreach project. Grateful thanks to all the scholars and teachers who made this project possible and for supporting BHCC to help needy moms and babes in maternity wards and antenatal clinics.

Trinityhouse Heritage Hill generously supported BHCC for one of their MaD (Make a Difference) Charity Days where they collected 60 blankets and over 500 tins/packets of soup. The blankets were distributed to clinic



patients during the cold winter months.

The soup was delivered to the 8th Avenue Clinic in Alexandra where it has sustained and nourished hungry TB/HIV and other chronic patients for a few months, and helped the nurses with their tough job of dispensing medication to poverty stricken patients.



St John's Care

BHCC was fortunate to link up with the wonderful ladies of the St John's Catholic Church Caregroup, Northgate, in 2015. A team of industrious and generous spirited

ladies meet weekly to pray, sew, knit and provide fellowship. Throughout the year these ladies have overlocked nearly 300 fleece receiving blankets, sewn 50 drawstring bags filled with receiving blankets, fleece vests, knitted teddies, fleece beanies, nappies, pacifiers, baby bottles, wash cloths and matinee jackets, as well as donating brush cotton material and sewing baby vests. They have given us many beanies, child tracksuits, material offcuts, buttons, beads and knitted blankets and teddies. The Bara Baby Blanket project was grateful for the sewing of the blanket edges and items donated for the Christmas mother and baby packs. Charlotte Maxeke Hospital's



Mama Roo project for neo-natal babies and moms benefited from the prem baby bags. The beanies, blankets, and teddies were all carefully distributed to clinics and hospital wards during the winter months. Thanks go to the parishioners of St John's and their team of volunteer sewers and knitters.

Mandela Day

The 67 Blankets for Nelson Mandela Day project made BHCC one of its recipients of nearly 200 beautiful knitted blankets this winter. Each blanket is tagged and labelled so that donors can keep track of their blankets. The 67 Blanket project pledges to 'keep thousands upon thousands of people less fortunate than ourselves in South Africa and



around the world warmer in all the winters to come in the name of our beloved Nelson Mandela. His legacy lives on in each blanket we produce with our own two hands.' BHCC distributed the blankets to clinics who handed them out at special events such as a Gogo Day and Mandela Day.

The ladies of the Stich 'n Bitch group donated blankets and baby clothes for the first time this year. So to ALL the knitting groups who have supported BHCC and donated colourful, warm items this winter – A BIG THANK YOU!

Muldersdrift clinic distributed their 67 Blankets donation, as well as other baby items donated by BHCC, at the clinic's Mandela Day event on Friday 17 July. These items were dispensed and used to encourage clients to adhere to treatment and pregnant ladies to book early appointments. For children they encouraged mothers to immunise and disclose about their HIV status.

Mama Roo Babies

A 'Mama Roo' project has been developed by Occupational Therapists at Charlotte Maxeke Hospital to empower caregivers within the Neo-Natal ICU in order for them to become actively involved in providing developmental care to their premature babies. BHCC has been asked to provide these items and we reached out to some of our supporters to get involved.

On Friday, 17 July 2015, the Medical, Regulatory Affairs and Quality Departments of Boehringer Ingelheim (Pty) Ltd spent their 67 minutes celebrating Mandela Day by preparing 29 care boxes for this worthwhile

initiative. All the boxes contained a few nappies, a beanie, clothing, a small blanket and a tub of aqueous cream. A box of photocopy paper was also supplied to help the hospital OT department print out a graphic booklet for the programme's caregivers.



Alex East Bank Clinic



Alex East Bank Clinic is a primary health care facility providing HIV, AIDS and TB-related treatment. It has a community oriented primary health care programme that monitors and proactively works towards the improved health and

well-being of families in the area. It is an accredited antiretroviral (ARV) treatment initiation and on-going treatment site. BHCC operates one of its Bread for Life projects here providing food to malnourished patients as well as

to TB, HIV and AIDS patients. BHCC donates therapy aids, clothes, baby blankets, gardening tools and seeds on a monthly basis to social workers at the clinic. The clinic reps are always very grateful for what BHCC is able to provide.

Served With A Smile

BHCC Bread for Life volunteers were given a BHCC apron to wear when serving food to patients awaiting treatment. Each apron was sewn and created by the chronic illness patients that attend occupation therapy sessions at

Muldersdrift Clinic. Each volunteer receives a monthly stipend to cover travel expenses, and BHCC appreciates all the hard work they do to keep the food project operating.

The Ratanang Group at Chris Hani Baragwanath Hospital is a day care centre for children with multiple disabilities as well as a support group for mothers. BHCC provides monthly nutritious food items as well as clothes and donated knitted goods.

This year we were fortunate to distribute beanies and jerseys that were knitted by Knit-A-Square.

The Ratanang staff and patients said in a letter in July 2015 that *"THANKS is just a portion of our deep appreciation for sharing so much goodness from your hearts. Your kindness is such a source of joy, comfort and warmth this winter."*



For all donations please contact:



+27 82 920 9638 / +27 11 884 2342

bhccsouthafrica@gmail.com

www.bhcc.org.za